**Patricia (Pat) Age 88 with a 12-year diagnosis of mixed dementia.**

**Carer Role & Duties-30-8-2025**

**Main Duties**

**1:1 care**

**Full personal care**

**Assisting and supporting with all food and fluids (This can take hours)**

**Incontinence care, incorporating skin integrity observations & treatment.**

**The use of a nebuliser 5 times a day (Training to be given)**

**Draining of oral secretions regularly throughout the day.**

**Administer medication twice daily and when requested**

**The use of an Oxford Journey stand aid (when able), overhead hoist & relevant slings.**

**Ensure Pat is not at risk of choking/aspirating from food/fluid or oral secretions to the best of your abilities.**

**The use of a suction machine (Training to be given)**

**Ensure Pat is as comfortable as possible and provide reassurance and gentleness at all times.**

**Light housekeeping duties, some of which are done by the double up carer.**

**Person Required**

**Minimum Level 2 care qualification**

**A good degree of experience in Complex care is needed.**

**Must be very attentive, patient, calm & cheerful with a relaxed approach to their care.**

**Attention to detail is vital, as is thorough & detailed record keeping and daily notes.**

**Competent in their moving and handling skills.**

**Reliable, flexible, hardworking and must have good time management skills.**

**Able to work well as a team player as well as working on own initiative.**

**Role**

**As a main carer your day will begin with the support from another carer to assist with getting Pat out of bed in the morning using either the stand aid or overhead hoist onto the wheeled commode.**

**There she will need her first nebuliser treatment and then to be drained of any excess oral secretions. Pat will then need her medication given orally.**

**Pat is then transferred to the bathroom where you will both carry out full personal care and apply cream as directed. Mum is transferred to the lounge to sit in her tilt & rise chair ready for the day.**

**Following this you will commence food and fluids. A further 4 nebulisers will be administered at different intervals throughout the rest of the day.**

**Regular draining will need to be done throughout the day & documented.**

**In the evening another carer will arrive to support you to stand aid/hoist mum onto commode and transfer her to the bathroom for personal care. Pat will then be taken into her bedroom on the wheeled commode and have her last drain (hopefully), and evening medications, before being hoisted into bed for the night.**

**A bit about mum**

**Mum has lived with us in a connected annex for the past 10yrs, her diagnosis is now, late stage dementia with myoclonic jerks/spasms combined with the production of copious amounts of oral secretions.**

**Mum was diagnosed ‘End of Life’ 5yrs ago but with great care provision, has continued to fight on regardless.**

**Mum is very calm, relaxed and a joy to be around and gives the most amazing smiles.**

**Mum enjoys her food still, but has great difficulty in understanding the eating/swallowing process so needs prompting and assistance for this.**

**She is however virtually non-verbal & immobile and is increasingly tired recently.**

**Mum’s care needs are very complex.**